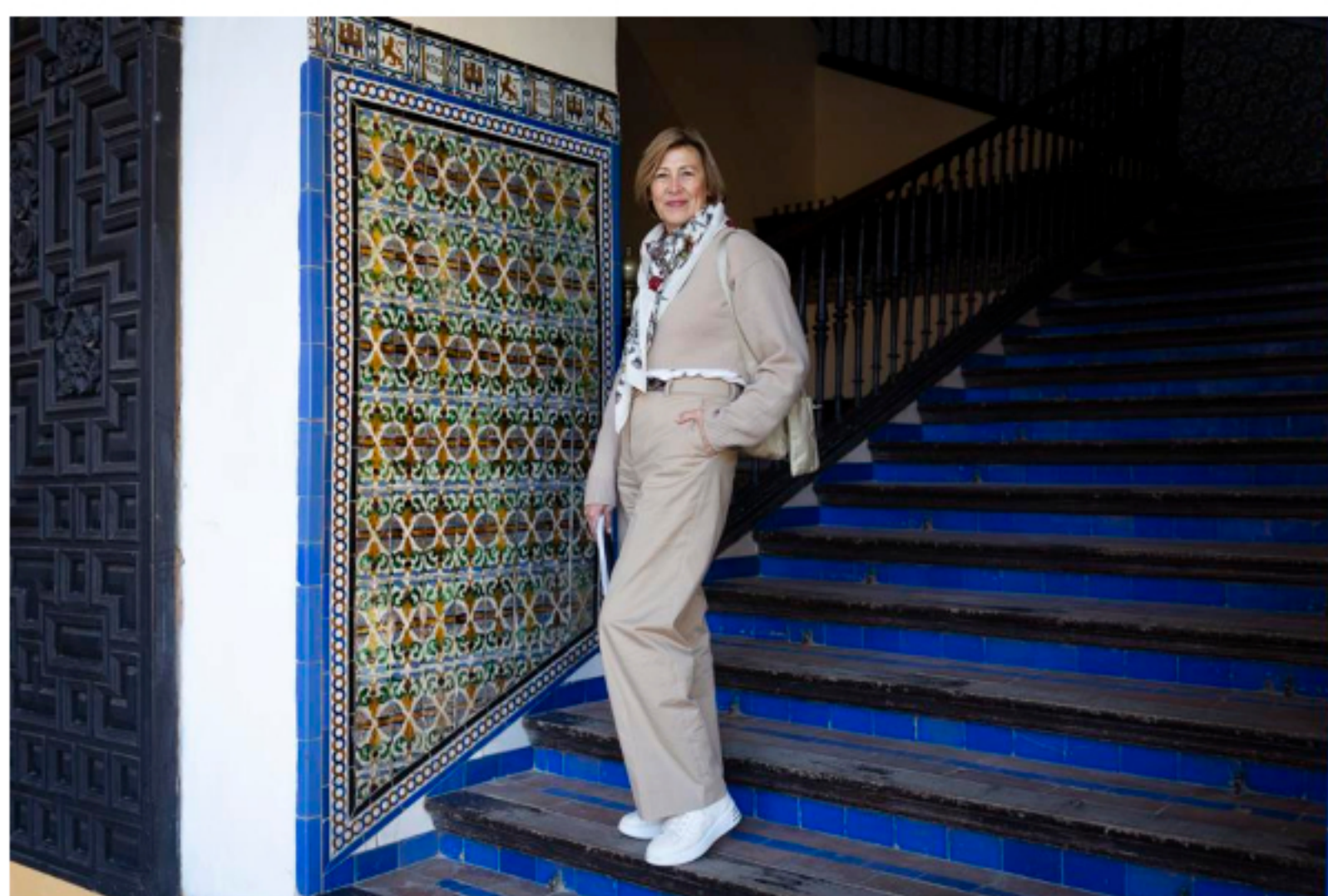


# Spice & Ginger

discovering food stories



## Sevilla, seafood & Belgian wines

To escape the chilly Belgian weather, we headed to Sevilla for a city break and were completely captivated by the beauty and vibrant charm of this historic city. Known as the jewel of Andalusia, Sevilla is full of breathtaking sights, from stunning Moorish palaces to lively flamenco shows. I can't wait to share some of my best tips from this unforgettable trip!

Back home, I've been experimenting in the kitchen and created two seafood-inspired recipes for you: mussels with lemongrass and a delicate consommé. We also visited a Belgian wine estate. Yes, you read that right! Curious why wine estates are becoming more common in Belgium? Read on to find out more!

### Recipes

This month, I'm sharing two seafood-inspired recipes, each with a little twist from my travels. Learn how to bring mussels to life with lemongrass and coconut milk, or whip up a comforting consommé with shiitake, langoustines, and scallops. Ready to dive in?



#### Mussels with lemongrass and coconut milk

While in Cornwall, Didier and I had amazing Asian-style mussels at The Portreath Arms. The bold flavors stuck with me, inspiring me to create my own version with lemongrass. This grassy herb has a fresh and flavorful aroma that perfectly complements this dish.

[Give it a try](#)

#### Consommé with shiitake, langoustines and scallops

I'm a huge fan of Joël Robuchon and always visit L'Atelier de Joël Robuchon when I'm in Paris. You've got to try his famous purée, it's a buttery dream. Today, I won't be making his mashed potatoes, but instead, I'm sharing my own take on his recipe for consommé with mushrooms and seafood.

[Discover the recipe](#)



### Travel stories

Recently, I had the chance to explore some incredible places. I visited a Belgian wine estate to dive into the world of local viticulture, and it didn't disappoint! I also ventured to Sevilla, the vibrant heart of Andalusia. Keep reading to learn more about these adventures!



#### Château de Bousval, a top Belgian wine estate

Belgian viticulture is booming, thanks to the shifting climate and a growing demand for fresh, vibrant wines. Curious about this trend, we set off to explore Château de Bousval, a local estate that surprised us with its biodynamic approach. The wines here were nothing short of exceptional.

[Learn more about Belgian wines](#)

#### Seville, the jewel of Andalusia

Sevilla is a magnificent city on the Guadalquivir River, with a history dating back to the Phoenicians and a charm that's impossible to resist. From its stunning Moorish palaces to its vibrant tapas scene and passionate flamenco shows, Sevilla truly is the jewel of Andalusia. Join me as we explore the city's rich culture and winding streets.

[Discover the charm of Sevilla](#)



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Good travels!

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