Spice & Ginger
discovering food stories

Untamed landscapes, authentic cuisine, and wildlife wonders

Ultimate road trip through Namibia!

We decided to escape the everyday rush and go on an adventure. This led to a meticulously planned, yet relaxing road trip through Namibia. We drove ourselves in a 4X4, from lodge to lodge, covering 3,000 km on Namibian roads. Quite a journey, but well worth it!

Our adventure began in the vast, wild landscapes of the Kalahari and Namib deserts. We then moved on to the idyllic coast and Swakopmund, where we indulged in the town's inviting charm. From there, we headed into the exquisite wilderness of Damaraland, all the way to the Big 5 in Etosha National Park.

Immerse yourself in beautiful Namibia with travel stories and comforting recipes!

Recipes

Traditional dishes with a Namibian twist is this month's theme. Learn how to make Moose McGregor's apple pie, and how to prepare oysters warm rather than serving them on ice.

Let's roll up our sleeves and elevate our cooking skills! It's time to impress with these spruced up classics.

Namibian style oysters au gratin

You would probably never think of it, but Namibia is a major world producer of oysters. Namibian oysters range in size from 30 to 150 grams and are very fleshy. The larger ones are particularly suitable for hot preparations. Skipper Billy gave me his favorite recipe for oysters au gratin. Try it here!

Namibian oysters

Moose McGregor's apple pie

Moose McGregor's famous bakery, in the middle of the Namib Desert, sells the best apple pie in Namibia. We will never know Moose's recipe, because it is a family secret. All I can do is recreate the pie and hope that my recipe is a good approximation. Either way, this pie is simply irresistible!

Apple pie

Travel articles

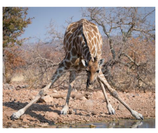
Want to escape the hustle and bustle of the world? Namibia could be the destination for you. Surrender to the wilderness, that stretches from vast deserts through game parks, all the way to the Atlantic coast.

Through my recent blogs, I look forward to introducing you to the natural treasures that Namibia has to offer. Join the adventure.

The Namib Desert

Namib Desert, the land of the oryx and one of the most pristine areas on earth. Join us as we climb the red dunes of Sossusvlei, walk among the skeletal trees of Deadvlei and marvel at the stars and planets at night. An adventure in the endless wilderness.

The Namib Desert



Etosha National Park

Etosha National Park is one of Africa's largest game parks. This is where you can observe busy waterholes, search for big game with an experienced ranger and track rhino on foot. Are you ready for an adventurous African safari?

Etosha National Park

Swakopmund and the Atlantic coast

Find yourself in another world. High dunes invite you to have fun and blend in perfectly with pristine beaches. Palm-lined streets lead to beach promenades and a quaint downtown with shops and restaurants. Oryx and cheetahs give way to flamingos, dolphins and fur seals.

Swakopmund

Damaraland

We are overwhelmed by the endless desolation as we drive through the vast stone desert of Damaraland, one of Africa's last true wildernesses. Isolated from the outside world, we come face to face with the unique desert elephant. We discover ancient petroglyphs and traditional Damara culture.

Damaraland

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Good travels!

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